



Dr. Bruce R. Neumann DDS
780-458-7792

St. Albert Summit Dental Centre
www.bruceneumanndds.ca

NEW CROWN NEW BRIDGE

AFTER THE FIRST APPOINTMENT

GUM TENDERNESS

Your gums around the prepared tooth may be tender for a few days. Salt water rinses (dissolving 1 tsp of salt in an 8 oz. glass of water) should be performed 2-3 times a day for a few days after the crown preparation appointment.

SENSITIVITY

Sensitivity to cold and hot is common briefly following the treatment. Avoid chewing hard food or placing hot and cold food or drinks on the tooth to allow it to heal from the trauma a crown or bridge preparation. A toothpaste for sensitive teeth can be used exclusively while wearing a temporary crown to help decrease the sensitivity. If the sensitivity continues or seems quite severe, contact our office to get it checked. You may require a different desensitizing agent that can be obtained from our dental office.

ACHING TOOTH

Your prepared teeth may ache for a time, especially for the first few hours, once the local anesthetic wears off. This most often can be taken care of by taking an analgesic such as Ibuprofen or Tylenol. These medications can be taken before the local anesthetic wears off. Follow the instructions on the bottle for information as to how often to take these medications. If the ache persists or gets worse after a number of days, call our office to have the tooth checked.

CARE OF THE TEMPORARY CROWN

Cleaning the temporary crown should be done as you would with the rest of your teeth. When brushing around the temporary crown ease up on the pressure but be thorough in brushing. When flossing, be careful when pulling the floss towards the biting surface. Do not pull up too hard, especially if you feel the floss catching on something.) This could cause the temporary to pull off. Pull the floss out sideways from between the teeth with temporary crowns. If the temporary comes off refer to "MY TEMPORARY CROWN BROKE OR CAME OFF" instructions. If the bite feels high, call the office to have the temporary crown adjusted.

This form is provided for information and education purposes only.
Please use it for your benefit and contact our office if you have any additional questions.



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AFTER THE FINAL CEMENTATION APPOINTMENT

FIRST 24 HOURS

After the crown or bridge is placed permanently the glue/cement may take 24 hours to fully harden. Refrain from any activities that may cause a pulling action on the restoration, such as flossing or eating sticky foods.

FLOSSING

It may be difficult to floss the first time after the new crown or bridge has been inserted as cement may be lodged at the contact point. A little more pressure may be required to dislodge this cement before you can get through the contact. If the problem persists, contact our office.

IF THE BITE FEELS HIGH

If the bite feels high or awkward, call our office to book an appointment for a bite adjustment.

SENSITIVITY

Sensitivity may persist but should gradually alleviate over time. If sensitivity persists and is not gradually getting better, please call our office.

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