



Dr. Bruce R. Neumann DDS
780-458-7792

St. Albert Summit Dental Centre
www.bruceneumanndds.ca

NEW FILLING

SENSITIVITY

Sensitivity, especially to cold, is common for a period of time. Avoid chewing hard foods or placing hot and cold food/drinks on the tooth to allow the teeth to heal after the trauma of receiving a filling. Sometimes this sensitivity can last a few weeks, but you should notice a gradual improvement over time. Exclusive use of toothpaste for sensitive teeth will help reduce sensitivity. Usually the time it takes to finish one tube is long enough to take care of the sensitivity.

GUMS TENDERNESS

Your gums may be tender for a few days. Salt water rinses (dissolving 1 teaspoon of salt in an 8 oz. glass of water) should be performed 2-3 times a day for a few days after the filling appointment.

BITE FEELS HIGH

If the bite feels high or you feel you are contacting the tooth with the new filling more than the other teeth, call the office for a quick bite adjustment. The filling will not wear away on its own; it needs to be adjusted by the dentist.

This form is provided for information and education purposes only.
Please use it for your benefit and contact our office if you have any additional questions.