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## **ROOT CANAL TREATMENT**

It is normal to feel some tenderness in the area for a few days after your root canal treatment as your body undergoes the natural healing process. You may also feel some tenderness in your jaw from keeping it open for an extended period of time. These symptoms are temporary and usually respond very well to over-the-counter pain medications such as Ibuprofen (Advil, Motrin). It is important for you to follow the instructions on how to take these medications. Remember that narcotic medications, if prescribed, may make you drowsy, and caution should be exercised in operating dangerous machinery or driving a car after taking them.

Your tooth may continue to feel slightly different from your other teeth for some time after your root canal treatment has been completed. However, if you have severe pain or pressure that lasts more than a few days, feel free to give us a call.

### **GUIDELINES FOR POST-TREATMENT CARE**

- DO NOT eat anything until the freezing in your mouth wears off. This will prevent you from biting your lip, cheek or tongue.
- DO NOT chew or bite on the treated tooth until you have had it restored by your dentist.
- Be sure to brush and floss your teeth as you normally would.
- If the opening in your tooth was restored with temporary filling material, it is not unusual for a thin layer to wear off in between appointments. However, if you think the entire filling has come out, please give us a call.

### **CALL OUR OFFICE IF YOU DEVELOP ANY OF THE FOLLOWING:**

- Visible swelling inside or outside of your mouth
- Allergic reaction to medication, including rash, hives or itching. (NOTE: Nausea is not an allergic reaction)
- Return of original symptoms
- Your bite feels uneven

### **TAKING CARE OF YOUR TOOTH**

Root canal treatment is only one step in returning your tooth to full function. A proper final restoration followed by a permanent crown of the tooth is extremely important in ensuring long-term success.

If you have any questions or concerns call our office.

This form is provided for information and education purposes only.  
Please use it for your benefit and contact our office if you have any additional questions.